



Lowell Red Arrow Winter Basketball Camp

Boys and Girls 1st-4th grades



What: Saturday morning instructional basketball camp
 When: 5 Saturdays (Jan 23rd-Feb 27th) ****There will be no camp on Saturday, Feb 6th!****
 Where: Cherry Creek Elementary
 Cost: \$50.00 (Take \$10.00 off the cost of a second child)
 Two ways to register: 1. Fill out the information below and mail in
 2. Go to www.lowellhoops.com and click on youth league information.

Questions? Contact Jeff McDonald Email: jmcdonald@lowellschools.com
 Cell: (616) 862-6828 (call or text)

Important info:

- 5 Saturdays of instruction, skills and drills. No weekday practices.
- Daily instruction, skill building and contests.
- Life skills, character building, and “words of the day” will be emphasized.
- All players will receive a t-shirt and quality instruction from high school coaches and players.
- All fundamentals taught will be consistent with those taught by Kyle Carhart (Boys’ Varsity Coach) and Jacob Strotheide (Girls’ Varsity Coach).
- The program will be directed by Jeff McDonald.
- Boys and girls will be separated.
- All athletes will shoot on age-appropriate height rims (8.5-10 feet) to require proper shooting form.
- Fundamentals of ball handling, shooting, passing, jump stops, pivots, defense and offensive spacing and cuts will be emphasized.
- Please fill out information below, detach the bottom and return with payment to address below or register on-line at lowellhoops.com (payment can also be made the first day).

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| 1st/2nd Grades Boys and Girls | <u>Saturdays</u> | Jan 23 rd -Feb 27 th | Cherry Creek Elementary |
| ➤ 8:30-10:00 am | | | |
| 3rd/4th Grades Boys and Girls | <u>Saturdays</u> | Jan 23 rd -Feb 27 th | Cherry Creek Elementary |
| ➤ 10:15-11:45 am | | | |

*Although not necessary, it would be helpful if all athletes could bring their own basketball for the first two weeks.

Make checks payable to: Lowell Basketball
 C/O Jeff McDonald
 11700 Vergennes
 Lowell, MI 49331

Player Name: _____ Grade: _____ Gender: Boy Girl (Circle One)

Shirt Size: YS YM YL AS AM AL (Circle One)

Parent 1 Name: _____ Parent 2 Name: _____

Parent 1 Cell: _____ Parent 2 Cell: _____

Parent 1 email: _____ Parent 2 email: _____