

Festival Rules	Notes
Team Dress code:	All teams must have a light and dark sided pinney
Sideline:	The sideline where the substitution box will be is at the top of each playing field. Teams will be on opposite sides of the field.
Time outs:	No time outs.
Horn:	There will be 2 horns, first one to start the game and the last horn to end the game.
Start of each game (Face-off):	Each game will start off with one face-off behind the cage. (Players backs to sidelines) Other players must stand above the "take back line" until possession is called. *Teams need to clear the ball past the take back line and complete one pass before they will be "loaded".
Crease:	During a face-off before possession is called, only face-off men are allowed to enter the crease to gain possession. Once possession is called normal offensive and defensive rules apply. The defensive team can enter the crease. The offensive team cannot.
Pass Rule:	Each team must complete 1 pass before they can shoot/score. No goals scored without a pass will count. (K-1: As long as it is an intentional pass to another player and the ball contacts his stick, before hitting the ground, it will count if the passing team picks it up. It can't hit the ground before making contact with a stick.) **Note: A flip is considered a pass. **
Loaded:	The term "loaded" will be called once your team has made a pass, while on offense, and you are allowed to shoot/score.
"Take Back"	"Take Back" is called when possession changes. The team gaining possession of the ball needs to take the ball back to the "Take Back" line (i.e. when a ball hits the ground or goes out of bounds) The player with possession of the ball must cross the "Take Back" line with at least one foot.
Passing after "Take Back"	In order for a pass to count, so a team will be loaded, at least one player must be below the "Take Back" line. No passes will count where two players are above the line after a "Take Back" dead ball restart. (I.e. after a goal, ball goes out of bounds). This is different from a "Take Back" after a change of possession in game play.
Change of possession:	If a team drops the ball or shoots and doesn't score, and the other team gains possession, the team that has possession must take the ball to the "Take Back" line before going to the net.
Out of bounds:	After the ball goes out of bounds, the opposing team gets possession above the take back line.
Shots:	When a shot is missed the player closest to where it went out gets possession and starts with the ball above the "Take Back" line. If no change of possession occurs, the team on offense is still "loaded"
Goals:	After each goal that is scored the ball remains in the net. The opposing team has 5 seconds to run to the "Take Back" line where they start off the next possession. After each goal the ball always starts at the "Take Back" line.

Substitutions:	After each goal there is a 5 second delay before the team starting with the ball can pass the "Take Back" line to begin the next play. During this time teams can sub players off the field. The defensive team must start all players below the "Take Back" line. *ALL substitutions must happen through each team's substitution box, which is located above the "Take Back" line.
15 second stalling:	You have 15 seconds after any stoppage of play to gain possession and start play. A delay of game penalty will result if longer than 15 seconds is taken
Mercy Rule:	Teams down by 5 goals will be awarded the ball after each goal. *No mercy rule during playoffs
Penalties:	After a player commits a penalty the referee stops play right away (immediate whistle). The player that committed the foul must come off field through the substitution box and be replaced. (The player subbing on cannot come onto the field until the whistle is blown to restart play) The play restarts as soon as an offensive player has a ball above the "Take Back" line. They will automatically be "loaded". At no point may a team exceed 3 players on the field of play. If that does happen an additional player will be asked to sub off. Therefore, you will have an additional player coming on in this delayed subbing situation. (No man up or man down situations)
Body Checking:	No body checking or cross checking
Equipment:	*Must have mouth guards and wear all protective equipment (athletic cup, shoulder pads, arm pads, helmet, gloves)
Sticks:	No sticks longer than 42 inches. No long poles or goalie sticks!
One-handed Stick Checks:	NO one handed stick checks. Two hands on the stick at all times on defense.
Talking to officials:	Only head coaches are permitted to address the officials. Referees are going to make to mistakes however, it is important to treat the officials with respect.
Sportsmanship Recognition:	The tournament will recognize teams that display good sportsmanship over the course of the event. Recognition will be based on sportsmanship observed by certified officials, tournament directors and observations of the tournament staff members after each game and during the day.
3 strike rule for parents/coach: Sportsmanship	Spectators/coach: Strike 1: You will receive a verbal warning about your behavior Strike 2: You will be asked to leave the field. Strike 3: If spectator/coach does not leave field, the game will stop and be forced to forfeit game regardless of score.
Keeping/ Reporting scores:	Each field will have a designated scorekeeper that will keep track of the scoring throughout the game. After the game, each team's coach will have to sign score sheet at score table.
Tie Breaking Procedure:	1. Head to head; 2. Total goals against; 3. Total Goals For 4. Coin-flip (1st team alphabetically calls the flip)
Overtime/Braveheart:	One player from each team goes head to head with one player from the

	opposing team. Starts off with a face off behind the net. First to score wins! Neither player can shoot until the ball is possessed once above the take back line (by either player). After ball is taken above take back line first time, this is no longer required. If defense gains possession the "take back rule" no longer applies
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\*Girls will be allowed to use appropriate gear for a game. Boys must use full protective gear including elbow pads and mouth guards.

There will be 3 six minute periods, 1 minute between periods. Face-off between each period, regardless of mercy rule.