



BLOOD DONATION FACTS

Most people don't donate because they were never asked.

Give your grandparents, aunts, uncles, and family friends a call and personally ask them to save a life on your behalf.

Many people think they aren't eligible to give blood.

You'd be surprised how often we hear that. Many common medications are not a problem for blood donation. For example medications for blood pressure, cholesterol, and antidepressants are usually OK. Most diabetics can even donate. And you only have to wait 2 weeks after getting a tattoo in Michigan.

Don't like needles?

Not many people do. But donating blood doesn't hurt a lot, and it doesn't hurt for long. Pinch the inside of your elbow. That's similar to what it feels like. Plus – you get to be a hero for patients in local hospitals who need blood!

RETURN SLIP TO SCHOOL
& REDEEM FOR A JUNIOR
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Thank you for helping our students save lives!



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