## CHILDREN'S SPECIAL HEALTH CARE SERVICES (CSHCS) of KENT COUNTY

## Parent Support Group

Parenting a child with special health care concerns can be both rewarding and challenging. CSHCS of Kent County provides a parent support option aimed at creating a safe space for your family to share and receive information. There are many benefits to joining our group!

- A great way to meet other parents for emotional and practical support.
  - ✓ Learn practical skills to reduce stress.
- ✓ Get support with the challenges you have and offer support to others.
  - ✓ Make friends with other parents within your community.
    - Know you are not alone in how you are feeling.
- ✓ Dinner and free childcare are provided by our program staff and volunteers.



## 2024 Meeting Dates

All meetings will be held at the Kent County Health Department 700 Fuller NE Grand Rapids, MI 49503

5:30pm - 7:00pm

January 9, 2024 - CANCELLED!!!

March 12, 2024

May 14, 2024

July 9, 2024

August 13, 2024 - Back to School Bash!

October 8, 2024

December 10, 2024

Children are always welcome!

Childcare is Provided for those who RSVP in advance!

Please call/email our CSHCS Team to RSVP or if you have any questions.

We can be reached via phone/email at 616-632-7066 or

CSHCS@kentcountymi.gov



Children's Special