



Lowell Community Wellness Upcoming Events



Yoga on the River
Mondays @ 7 PM
(June 17 - August 12)



Tai Chi on the River
Tuesdays @ 7 PM
(June 18 - August 13)



Wellness Walkers
Wednesdays @ 7 PM
(June 19-August 14)
Meet @ Riverwalk Stage



Run the Riverwalk 5K
Saturday July 13, 2024
8 AM



Harvest Hustle 5K
Saturday October 12, 2024
8:30 AM

Please note: There will be no summer activities the week of July 4