

Food Service News:

Thank you for participating in our lunch service program here at Lowell Schools. We want to make sure you are aware that we also have a breakfast program that your students can attend. We begin serving breakfast 15 minutes before school starts in the cafeteria. If a student qualifies for free or reduced lunches they also qualify for free or reduced breakfasts! For our full paid students, breakfast is only \$1.10, for reduced students the breakfast cost is .30! In order for students to have a complete breakfast meal they must take a main entrée and a juice. Along with that they are also welcome to take milk and more fruit if they would like. Please feel free to contact us with any further questions you may have on our programs and again, thank you for allowing your students to eat with us!

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Apple Strudel</p> <p>Served with: Fruit</p> <p>Chilled Juice Choice of Milk</p>	<p>Egg & Cheese on WG Croissant</p> <p>Served with: Fruit</p> <p>Chilled Juice Choice of Milk</p>	<p>Cinnamon Rolls</p> <p>Served with: Fruit</p> <p>Chilled Juice Choice of Milk</p>	<p>Breakfast Pizza</p> <p>Served with: Fruit</p> <p>Chilled Juice Choice of Milk</p>	<p>Egg, Cheese & Sausage on English Muffin</p> <p>Served with: Fruit</p> <p>Chilled Juice Choice of Milk</p>
<p style="text-align: center;">Other Daily Options Include:</p> <p style="text-align: center;">Assorted Low Sugar Cereals served with String Cheese, Yogurt or Graham Cracker</p> <p style="text-align: center;">WG Bagel with Cream Cheese</p> <p style="text-align: center;">Breakfast Burrito</p> <p style="text-align: center;">Cinnamon Pretzel Stick</p> <p style="text-align: center;">Soft WG Apple Cinnamon or Banana Chunk Breakfast Bar</p> <p style="text-align: center;">All breakfast meals include a fruit, juice and choice of milk (skim chocolate, skim white or 1% white)</p>				