

Register for Girls on the Run 2018



Program Dates

Registration Opens: December 1

Closes: January 10

Celebration 5K: Saturday, May 19, 2018

Online Registration can be found at

www.gotrkmc.org

What is it? Girls on the Run is a curriculum based, after-school character development program designed for **3rd – 5th grade girls** of ALL fitness and ability levels. The 10-week curriculum attempts to help each girl find and stay true to her REAL self. Groups of 8 to 15 girls meet twice a week with their trained, volunteer coaches to discuss important life lessons while playing fun running games. Girls on the Run emphasizes independent thinking, making healthy choices, healthy group dynamics and problem solving. The curriculum stresses peer support and doing your best. The program finishes with the girls running or walking in a non-competitive 5k.

**Please see the back of this page
For an online registration checklist!**

- Optional paper registration forms will be available at participating sites-- contact your site liaison for details (see back of this form.)
- Registration fees are tiered and based on family income and range from \$15-\$145.
- Financial assistance is available.
- Space is limited to 15 girls per team.
- Girl Placement Day is January 15, 2018.

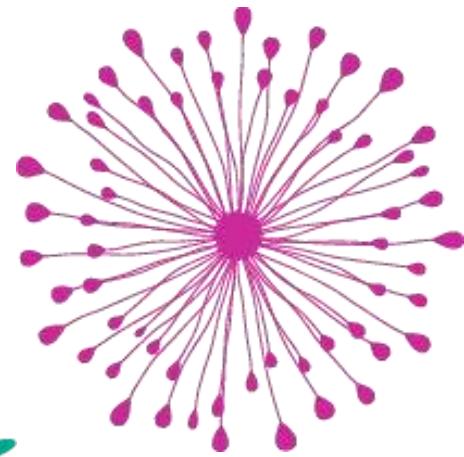


To register, or for more information visit www.gotrkmc.org

Girls on the Run Online Registration Checklist

Families will need to have the following information on hand in order to register their participant for Girls on the Run:

- Location of program (name of school or community site)
- Practice days and time participant is available
- Child's date of birth
- Child's T-shirt size
- Child's grade
- Parent/Guardian's name, address, email and phone
- Name and number for individuals authorized to pick up participant after practices
- Name and number for emergency contact(s)
- Allergy information
- Any medications your child takes
- Any special health conditions your child's coach should be aware of
- Health insurance information
- Credit card, Debit card, or check information (routing number and account)



In an effort to make the program accessible, program registration is **not** first-come, first-served. In the event that there are more girls interested in participating at a particular site than available spots, Kent County Girls on the Run will use a lottery system to randomly select girls to form a team.

Once you have completed the online registration, you will receive a confirmation email. **This email does not guarantee a spot for your girl;** it confirms that your registration has been received. Your information is securely stored until January 15, 2018, Girl Placement Day. **Your payment method will only be charged if your daughter is placed on a team that day or during late registration.**

After registration closes you will be notified by email of your registration status, either on a team or on a waiting list.

Visit the Girls on the Run KMC website, www.gotrkmc.org for more information on registration.

Site: _____

Practice Option 1: _____ Practice Option 2: _____

Practice Option 3: _____ Practice Option 4: _____

Site Liaison: _____

Contact Information: _____

Program Start Date: _____

Please contact Mary at registrar.kcgotr@gmail.com for more questions on registration.