



Join us at **Girls on the Run!**



We inspire girls to be joyful, healthy and confident using a fun, experience-based curriculum which creatively integrates running



Open to girls in 3rd-5th grades

Registration opens: November 6, 2015

Registration closes: December 2, 2015

Season begins: March 1, 2016. Tuesdays and Thursdays

**Who to contact: Josie Anstett-Fredricks
616-648-5480 josephineanst@yahoo.com**



For registration or more information:

www.kcgotr.org

- Registration Fee: \$120
- Includes shoes, 20 lessons, 2 t-shirts, medal, and 5k entry
- Scholarships available based on sliding scale