



Respiratory Syncytial Virus (RSV)

A **highly contagious illness** that causes infection of the lungs and breathing passages.

Symptoms include:

- Severe cough
- Wheezing and rapid breathing or difficulty breathing
- Fever



Droplet Transmission

RSV is **spread through droplets** from coughs and sneezes.

Population Most At-Risk

Infants, young children, & older adults with heart or lung disease, weakened immune system or chronic medical conditions.

Steps to Prevent RSV

Prevention efforts parents can take include:

- Hand washing
- Keep sick children home



Treatment

If your child has contracted a respiratory virus, **treatment includes:**

- Nasal suctioning
- Keep child hydrated



Call Your Child's Doctor...

Contact your provider if your child starts displaying the following:

- Wheezing or seems to be working harder to breathe
- Decreased activity
- Prolonged illness
- Retracting of ribs
- High fever



One of the **warning signs** your child should be seen because they are working too hard to breathe is, if you can see the skin between their ribs pulling (retracting) in with each breath.

Very young infants with RSV may only show symptoms of irritability, decreased activity, and breathing difficulties.

Contact our **Bois Forte Medical Clinics** if your family member develops any of the symptoms mentioned above.

Nett Lake Clinic: 218-757-3650

Vermilion Clinic: 218-753-2182

For more information go to www.cdc.gov/rsv

